IMPACT OF VALUES EDUCATION IN DAILY LIVES OF STUDENTS: A QUALITATIVE STUDY

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ABSTRACT
This study addresses important concerns about the application, effectiveness, and impact of values education on student success as it examines the varied impacts of this kind of instruction on students' academic, social, and personal growth. In addition, the research looks at practical methods teachers use to instill moral principles in the classroom. It explores the critical elements that lead to students' success, highlighting the influence of personal values on learning strategies and scholastic performance. Additionally, it lists the core principles that elementary school students should uphold and emphasizes their importance in developing successful students and morally upright adults. Moreover, the study outlines the most effective ways to incorporate values education into school curricula, with a focus on ways to involve every member of the school community and foster an inclusive, happy environment that upholds the lessons taught. Furthermore, the study explores the critical elements that support values education programs' ability to help students develop positive social skills and personal behaviors. It emphasizes the critical roles that effective teacher involvement, dedicated staff, and school leadership play in this regard. In this study, the approach was descriptive research. The researcher actively engages the participants in a face to face in-depth-interview and focus group discussion. The study aims to explore the impact of values education. It was revealed three themes, Personal Development Factors, Academic Development Factors, Social Development Factors. The school practices implementing values education program and the positive gains of values education programs in school. Six sub-themes were mentioned number one table: (i) Creation of Supportive Environment, (ii) Classroom Environment Accepting Diversity, (iii) Encouragement of Responsibility and Diligence, (iv) Promotion of Social Harmony, (v) Understanding of Cultural Diversity. In school practices in promoting values education programs. Additionally, in table number two, lots of themes were revealed. They are promotion of positive outlook, personal values in learning approaches, expectations at primary level, and relevant values in curriculum. Five sub-themes were mentioned like creation of supportive environment, classroom environment accepting diversity, encouragement of responsibility and diligence, promotion of social harmony. Lastly, understanding cultural diversity. In table three, positive gains in values education programs in school identified different aspects as themes, Spiritual Gains, Professional Gains, Social Gains, Psychological Gains, Emotional Gains and Educational Gains. Lots of sub-themes were mentioned.

Keywords: Academic, Social and Personal Growth, Personal Values, Values Education Program, Positive Social Skills, Students Success

INTRODUCTION

Values education, an integral part of academic life, a purposeful initiative aimed at teaching what is good or bad. It holds a significant place in contemporary society, with its impact on students' daily lives. The development of personal values in students is a key focus of values education, encompassing aspects such as character and moral development, religious and spiritual improvement, and citizenship training.

According to the study of Gamage, Dehideniya and Ekanayake (2021) values education contributes to the development of virtuous individuals, influences personal behavior, and is essential for the development of effective citizens. The effectiveness of values education is influenced by various factors, including family, school, peer groups, and media. Understanding the impact of values education through a qualitative approach is essential for comprehending its role in shaping students' personal values and behaviors.

Young people play an essential part in the overall development of a country. The achievement and growth of the nation relies heavily on its youth. Young people today are starting their journeys early and building a history of success in a variety of fields thanks to their many skills, adventures, and talents. This is both admirable and appreciated. On the other hand, it is significant that the youngest generation in today's world is abusing youth achievement and preventing youth progress.

Kumar (2022) states that mobile internet use was extremely usual these days. When utilized for business or any other beneficial reason, this was good. Sadly, this affects the youths' views and leads them wrongly when they spend unnecessary hours on e-talking and constant access to pornographic websites. It was offensive to send pornographic films and addictive to online games, reading Wattpad and E-book are the reason of the deterioration of good values.

Young people today, as we observed still face difficulties related to values such as inadequate sex education, socioeconomic inequality, peer pressure, and family dynamics are some of the factors that lead to teenage pregnancy even in the face of widespread access to resources and information. Also, others attempt to end their life because they feel that that was the best solution to end their problem. Mental health was very important nowadays. The education sector and some government agencies find solutions to uplift the values of the young people as the next leader in our community.

To address this issue, efforts are being made to provide youth with the information and tools they need to make educated decisions about their sexual and reproductive health. These include community support networks, accessible healthcare services, and comprehensive sex education.

The government must make value education mandatory in school curricula to meet upcoming conditions. Let today's modernization be non-lethal, complementary. Then scientific progress will be successful. There is a need for value-based movements today to bring about reform in young people and in society. Awareness of moral values through spirituality was augmented by a positive mental attitude. Constant meditation helps to build self-esteem. Young people today must be self-motivated to do good (Kumar,2022).

A qualitative study about the impact of values education in daily lives of students could help on developing moral principles, character traits, and personal values in addition to academic success. To teach values through a variety of themes, including

citizenship training, religious and spiritual development, and character and moral development. The study also emphasizes how peer groups, schools, families, and other organizations shape students' attitudes and character traits. To points to the fact that values education helps students become more accountable, cooperative, and focused— all of which help to create a more calm and academically rigorous learning environment. The study also stressed the idea that we can all change and that we deserve a second chance.

FRAMEWORK

This study was anchored on the study of Lawrence Kohlberg's Theory of Moral Development outlines six stages of moral reasoning that individuals progress through as they mature. This theory suggests that values education can significantly influence and shape students' ethical decision-making abilities. By exposing students to discussions, ethical dilemmas, and moral reasoning, educators can help students progress through these stages, fostering a deeper understanding of values and ethical principles. The theory emphasizes the importance of moral reasoning in decision-making and suggests that values education can positively impact students' daily lives by enhancing their moral development and guiding their actions in various situations.

This theory serves as a framework to understand how values education can influence the way students perceive, internalize, and apply values in their everyday lives, contributing to their moral development and decision-making processes.

Another, Albert Bandura's Social Learning Theory emphasizes the significance of observational learning and social interaction in shaping human behavior. This theory posits that individuals learn not only through direct experience but also by observing the actions and outcomes of others within their social environment. Bandura's work highlights the crucial role of modeling, imitation, and reinforcement in the acquisition and manifestation of behaviors.

In the context of values education and its impact on students' daily lives, Bandura's Social Learning Theory can be relevant. Values education aims to instill ethical, moral, and societal values in students. When students are exposed to models or role models such as teachers, parents, or influential figures who demonstrate and reinforce these values through their actions, students are more likely to observe, learn, and imitate those behaviors.

Bandura's theory suggests that students not only acquire values through direct teaching but also by observing the behaviors of those around them. If educators, parents, and the broader social environment consistently demonstrate and reinforce positive values in their actions, students are more likely to internalize and exhibit these values in their own lives.

Incorporating Bandura's Social Learning Theory into the study of values education could involve observing how students model their behaviors based on the actions and attitudes of influential individuals in their environment.

METHODS

Research Design

In this study, the research was conducted in Malabuan High School parents and teachers encounter values problems. The researcher used a qualitative design, meaning that the goal is only to investigate the research questions and not to provide definitive answers to problems that already exist. This type of research frequently needs to provide a clear definition of its problem. The essence of the issue is described through descriptive qualitative research.

Participants

The participants of the research were exclusive only to Malabuan High School Teachers and Parents who encountered students' values problem. Parents and Teachers in Private School are not included. Ten (10) parents are in-depth interview, seven (7) teachers in focus group discussions who have a role in shaping students' values and attitudes. A total of 17 respondents were interviewed. The study could be conducted to provide a comprehensive understanding of the impact of values education. The study could also be conducted in different cultural contexts to explore the influence of cultural values on students' attitudes and behaviors.

Research Instruments

The primary instrument of the study was a self-made interview questionnaire with items focused on the impact of values education in students' daily lives. With their consent, the participants were guaranteed that the study would only be used for academic purposes.

Data Analysis

When doing qualitative research. It is crucial to be sincere with the participants since this kind of research requires the researcher to put themselves in the participants shoes to see the world from their point of view. The researcher aspires to hear their voices to examine the document for others to read and learn.

After conducting both semi-structured interviews, the researcher did the transcription to take the interview contents and effectively analyze them. A verbatim transcription was used. It includes their filter words, false starts, grammatical errors, and other verbatim cues that provide helpful context and set the scene of the recorded scenario.

In this study, the researcher generated themes using the prescribed process. First, the researcher familiarized the data gathered based on the – in- depth interview and focus group discussion conducted. Next preliminary codes were assigned to the data to describe the content. Then, search the patterns of themes in the given codes across the different interviews followed. Lastly, defining, naming, and thematic review were done before the researcher produced the report. Data triangulation was implemented in this area to secure the validity and reliability of statements.

RESULTS AND DISCUSSION

Influence Personal, Academic and Social Development

Through the thematic analysis that was performed, the researcher was able to identify an abundance of the theme of the respondent's answers and it was arranged into themes, sub-themes, and key points to categorize each organizing themes. For this research questions number one, the researcher has found out that the respondents influence the different aspects in life of the students. Through Values Education, the researcher reminded of the vital role values education plays in forming the moral compass of future generations as consider the insights gained from the theme analysis. It's a self-aware journey led by the values of accountability, empathy, and integrity. Through character development and virtue nurturing, values education provides students with the skills necessary to deal with the challenges of life with grace, compassion, and resilience. In the end, values education has the transformative power to lay the groundwork for a society especially to the students in their day-to-day activity that is more compassionate, equitable, and harmonious. The sub-theme which has been found are: (i) creation of supportive environment, (ii) classroom environment; (iii) Encouragement of responsibility and diligence; (iv) promotion of social harmony; (v) assessment and evaluation and (vi) time and resource constraints. The table presented below it could be gleaned that there's a lot of key points which have surfaced from the responses of the participants.

Table 1. Factors that Influencing the Impact of Values Education

THEME	SUB-THEME	KEYPOINTS
Personal Development Factors	Creation of Supportive Environment	• A supportive school climate is fostered by values education, aiding personal and academic growth. • Values education instills cooperation and teamwork, essential for personal and academic success. • Students gain identity and self-awareness through values education, positively impacting personal development. • Values education helps resolve conflicts peacefully, contributing to a harmonious social environment. • Values education fosters kindness, empathy, and generosity, benefiting interpersonal relationships. • Instills honesty, integrity, self-discipline, and self-control, essential for ethical responsibility and personal character development.
	Classroom Environment Accepting Diversity	• Values education creates an inclusive classroom environment, fostering tolerance and respect. • Encourages empathy and understanding for diverse perspectives and backgrounds.

Academic Development Factors	Encouragement of Responsibility and Diligence	• Values education encourages focus, diligence, and responsibility in academic pursuits. • Highlights dedication, resilience, and the value of overcoming obstacles for academic success. • Fosters a sense of purpose and academic engagement, inspiring meaningful goal setting. • Students become accountable for their actions and understand their impact on communities.
Social Development Factors	Promotion of Social Harmony	• Teaches conflict resolution and promotes a polite and peaceful classroom environment. IDIR8
	Understanding of Cultural Diversity	• Challenges addressing diverse cultural viewpoints and beliefs, advocating for inclusivity. • Struggles with reconciling values education with other cultural influences. • Highlights the importance of comprehensive strategies involving families, schools, and communities. • Encourages collaboration between parents and schools for effective values education. • Motivates parents and schools to play a meaningful role despite challenges in coordination and communication. • Advocates for the integration of values education into regular lessons and activities.

Creation of Supported Environment

The responses of the participants of the participants which has been identified in the basic theme cluster, it was deemed that the participants shared that a supportive school climate is fostered by values education, aiding personal and academic growth.

The students gain identity and self-awareness through values education, positively impacting personal development. It helps resolve conflicts peacefully, contributing to a harmonious social environment. Respondent also says that values education fosters kindness, empathy, generosity, benefiting interpersonal relationships. Also, according to respondent it instills values cooperation, teamwork, essential personal and academic success, honesty, integrity, self-discipline, and self-control, essential for ethical responsibility and personal character development.

The abovementioned statement was connected to the qualitative study of Smith and Jones (2018) investigated the views of educators on fostering a values-based learning environment in the classroom. The researchers investigated the tactics and methods teachers use to create a welcoming environment that supports values education through observations and interviews. The results emphasized several critical elements that are necessary to establish a favorable atmosphere for values education, such as solid teacher-student bonds, consistent and transparent values communication, cooperative decision-making processes, and the integration of values into all aspects of

the curriculum and school activities. In addition, educators stressed the significance of setting an example of moral behavior and offering chances for students to reflect and engage in dialogue.

Classroom Environment Accepting Diversity

The participant of the study was also able to express that values education promotes inclusivity, tolerance, respect, empathy, and understanding in the classroom was evidence of its significance in influencing students' personal and academic development in addition to their academic achievement. Teachers can create learning environments that celebrate diversity, foster mutual respect, and equip students to become compassionate and empathetic global citizens by incorporating values education into the curriculum. Teachers can create the best conditions for learning, growth, and development for their students by purposefully planning and maintaining a positive and inclusive classroom environment. It is evident how values education highlights the transformative power of ethical and moral education by fostering a classroom environment that embraces diversity, encourages tolerance and respect, and fosters social harmony.

The study gain support from Garcia and Rodriquez (2019) the impact of the classroom setting on students' acceptance of diversity was examined. According to the research, students' acceptance of diversity was greatly aided by a supportive and welcoming classroom atmosphere. More acceptance of diversity was linked to classrooms with polite interactions, multicultural curriculum, and positive teacher-student relationships. Furthermore, in order to improve students' understanding of various viewpoints and backgrounds, the study emphasized the significance of encouraging empathy, perspective-taking, and critical thinking abilities.

Encouragement of Responsibility and Diligence

The exploration in this study had also discovered another significant theme on the impact of values education in the daily lives of the students and the abovementioned values can help the students in their academic development. The study's findings demonstrate how values education can significantly alter students' attitudes, actions, and academic performance. Through the cultivation of virtues like accountability, focus, diligence, responsibility, resilience, and focus, values education gives students the fundamental abilities and mindset needed for both personal and academic success. Furthermore, values education prepares students to become involved, moral, and socially conscious adults who pursue greatness and meaningfully contribute to their communities by encouraging purposeful goal setting and a sense of social responsibility.

Promotion of Social Harmony

The research results emphasize how important it is for educators to teach conflict resolution and create a courteous, calm classroom atmosphere to foster social harmony. Teachers play a critical role in fostering inclusive and harmonious learning environments that support students' holistic development and contribute to a more harmonious society by teaching students conflict resolution skills, modeling positive behavior, facilitating meaningful dialogue, and encouraging social responsibility. Promoting social harmony through the teaching of conflict resolution and maintaining a polite and calm classroom

environment show how important it is for educators to make conscious and proactive efforts to create a positive and inclusive learning environment. By teaching students conflict resolution skills, setting an example of respectful behavior, and allowing them to take charge of their learning environment, teachers can truly promote social harmony and create classroom environments where every student feels appreciated, respected, and supported.

The above results are congruent with the findings of Johnson and Smith (2017) researchers investigated the methods and approaches teachers used to uphold these values through surveys and observations in the classroom. The results showed that some teacher behaviors, like setting clear expectations, giving helpful criticism, and setting an example of responsibility and diligence, helped students develop these values. In addition, instructors who provided a safe and orderly learning environment, promoted self-control, and acknowledged students' accomplishments helped their students develop a sense of accountability and diligence. They also helped students develop their capacity for perspective-taking and critical thinking, which improved their understanding of other people's viewpoints and backgrounds.

Understanding of Cultural Diversity

Students' curiosity and openness to the foreign are fostered by this exposure, which aids in their deeper understanding of the diversity and complexity of human cultures. Students who receive a values education also learn the significance of accepting and appreciating diversity as a necessary component of equality and human dignity. A mindset of acceptance and celebration of differences, as opposed to discrimination or prejudice, is fostered by values education by highlighting virtues like tolerance, empathy, and inclusivity. In the end, values education helps students understand cultural diversity outside of the classroom by affecting their interactions and relationships with others in larger society. Values education supports social harmony and the development of more inclusive and equitable communities by raising a generation of culturally competent and globally minded people.

Although, the responses of the respondents are stated in different ways, but the thought was about understanding of cultural diversity values education facilitates the development of empathy and compassion in students and, despite cultural differences, fosters more accepting and encouraging peer relationships, all of which enhance the learning environment in the classroom.

These themes gain support from Lee and Kim (2019). The results showed that values education interventions were successful in helping students gain a more profound awareness of cultural diversity. Pupils who took part in values education programs showed a stronger commitment to advancing social justice and equity, as well as a greater respect for cultural differences and empathy for people from different backgrounds.

School Practices in Promoting Values Education Program

In this research question, the analysis revealed that schools play a crucial role in promoting values education programs that instill ethical principles, social responsibility, and personal development among students. Schools ensure that moral reasoning and moral conundrums arise in a range of academic subjects by incorporating discussions,

activities, and projects centered around virtues such as integrity, empathy, and decency. Additionally, explicit teaching in values education provides a designated time and space for students to reflect on and research their core values, fostering a deeper understanding and appreciation of moral behavior.

The research question number 2 was school practices in promoting values education programs. Several themes mentioned by the respondents. They are: (i) Promotion of Positive Outlook, (ii)Personal Values and learning approaches, (iii) Expectations at Primary Level, (iv) relevant values in curriculum.

Themes and sub-themes were stated by the responses of respondents. To gain a clearer understanding, the identified themes and sub-themes are discussed comprehensively below using the responses drawn from a conduct of interview and focus group discussion.

Table 2. School Practices in Promoting Values Education Programs

THEME	SUB-THEME	KEYPOINTS
Promotion of Positive Outlook	Discipline, Responsibility, and Time Management	• Promoting perseverance and a positive outlook on learning. • Teaching discipline, responsibility, and time management. • Encouraging good home-school communication. • Active involvement of parents or guardians in education.
Personal Values in Learning Approaches	Influence of Personal Values on Learning	• Linking academic goals with personal values for motivation and purpose. • Influence of personal values like kindness, gratitude, and self-confidence on learning and academic
Expectations at Primary Level	Promoting Global Awareness and Cultural Understanding	• Teaching basic values like respect, responsibility, honesty, and patience at primary school level. • Incorporating lessons on global issues, cultural diversity, and intercultural understanding for empathy and cooperation.
Relevant Values in Curriculum	Social Responsibility and Global Awareness Emotional Intelligence and Interpersonal Skills Ethical Leadership and Moral Values	• Importance of values like cooperation, critical thinking, curiosity, and social responsibility in the curriculum. • Emphasis on environmental sustainability and digital literacy. • Teaching about human rights, social justice, and ethical leadership. • Inclusion of lessons on emotional intelligence, empathy, and interpersonal skills for social and emotional competencies. • Fostering a culture of gratitude, curiosity, and lifelong learning. • Promotion of diversity, inclusivity, and cultural awareness. • Encouraging students to become responsible environmental stewards. • Advocating for social justice and community involvement. • Teaching about online safety, digital citizenship, and ethical technology use. • Instilling a sense of agency, resilience, and problem-solving skills. • Cultivating empathy, compassion, and generosity for a caring learning environment • Encouraging critical thinking, creativity, and intellectual curiosity. • Incorporating lessons on ethical behavior and moral values • Teaching about responsible citizenship and global awareness.

	Critical Thinking and Problem-Solving Skills	• Fostering self-discipline, accountability, and integrity • Creating a welcoming, inclusive, and supportive classroom environment. • Promoting social responsibility, ethical leadership, and civic engagement • Encouraging continuous self-improvement, reflection, and growth mindset. • Teaching about gratitude, patience, and empathy for resilience and emotional well-being. • Emphasizing the importance of teamwork, cooperation, and collaboration. • Promoting a healthy lifestyle and balance between academics and well-being. • Encouraging responsible technology use and digital literacy. • Cultivating a sense of curiosity, critical thinking, and problem-solving skills. • Instilling values of gratitude, kindness, generosity, and respect for social harmony and positive relationships. • Teaching about cultural competence, diversity, and inclusivity for understanding and appreciation of differences. • Advocating for environmental consciousness, sustainability, and social justice. • Encouraging a growth mindset, resilience, and adaptability for success in a changing world. • Promoting empathy, compassion, and ethical leadership for a caring and responsible societ
Integrity and Moral Behavior	Promoting Academic Integrity	• Students' approaches to academic assignments are influenced by values such as honesty and integrity, which encourage moral behavior and creative work.
Responsibility and Self-Discipline	Fostering Responsibility and Commitment	• Responsibility and self-discipline are critical qualities for success in both school and life, and they are fostered by instilling in children a sense of responsibility for their deeds and commitments.
Gratitude and Optimism	Cultivating Gratitude and Optimism	• Students who practice gratitude and appreciation are better able to identify and appreciate life's blessings, which in turn promotes optimism and fortitude in the face of adversity.

Discipline, Responsibility and Time Management

Through the responses of the respondents, stated that the school practices promoting education program was the encouragement of a positive outlook in the classroom, which includes several components essential to school practices in promoting values education programs. Sub-theme discipline, responsibility and time management was mentioned in promotion positive outlook as mentioned by the respondents' different key points. First, promoting perseverance helps students develop the resilience necessary to overcome obstacles and disappointments they may face during their academic careers. Teachers can create an environment where students are motivated to investigate, ask questions, and participate in their studies by encouraging a positive attitude toward learning. In addition to improving academic achievement, this optimistic outlook fosters a lifelong love of learning. Second, discipline, responsibility, and time management are essential skills that empower students to take control of their learning and achieve their academic goals. By teaching these skills, educators equip students with the tools necessary to organize their workload, prioritize tasks, and meet deadlines effectively. This fosters a sense of accountability and ownership over their education, laying the foundation for future success both inside and outside the classroom. Lastly, supporting students' learning and development requires effective communication between the home and the school. Engaging parents in their child's education allows

them to become partners in the learning process, bolstering the lessons learned in the classroom and offering extra assistance at home. This cooperative method builds a community of support that improves motivation, engagement, and general academic achievement in students. One way to promote a positive outlook in education is to encourage parents and educators to be persistent, involved, and to instill critical skills like time management and discipline. School environments where students feel empowered to overcome obstacles, take charge of their education, and flourish academically and personally can be established by concentrating on these areas.

This support the study from the study of Peterson, C., & Park, N. (2016). Findings showed that positive thinking exercises, optimism training, and mindfulness practices, among other activities, significantly improved participants' overall well-being. These improvements included higher life satisfaction, decreased symptoms of depression, and improved resilience. It was discovered that these interventions were especially successful in encouraging positive feelings and coping mechanisms, which in turn encouraged a more upbeat view on life.

Influence of Personal Values of Learning

Participants of the study were also able to express that Students' learning styles are greatly influenced by their personal values, which also have an impact on their motivation, judgment, and general academic success. The sub-themed mentioned by the respondents was influence of personal values of learning. Teachers can design learning environments that respect students' individuality, give them a sense of purpose, and enable them to realize their full potential by realizing the value of personal values in education. Some key points also stated like linking academic goals with personal values for motivation and purpose, Influence of personal values like kindness, gratitude, and self-confidence on learning and academic achievements.

The results showed above gain support from Smith, Johnson & Brown (2018) that learning success and a few specific personal values were significantly positively correlated. Academic engagement, motivation, and performance in values education were all higher among students who placed a high priority on virtues like integrity, respect, and compassion. To improve students' learning experiences and results, the study also emphasized how crucial it is to match curriculum content and instructional strategies with students' personal values.

Promoting Global Awareness and Cultural Understanding

The respondents of the study mentioned the sub-theme promoting global awareness and cultural understanding. In this theme, it was stated that basic values that the students learned during their primary grade were very important in relation to values education programs. Teachers have an obligation to inculcate core values at the primary school level, which form the foundation for character development. Through clear instruction, modeled behavior, and classroom interactions, values like respect, responsibility, honesty, and patience are taught. Teachers foster a caring environment where students learn to respect moral standards and treat others with kindness and empathy by incorporating these values into everyday routines and activities. In this sub-theme expectations at primary level the respondents stated that teaching basic values like respect, responsibility, honesty, and patience at primary school level are expected.

Also, incorporating lessons on global issues, cultural diversity and intercultural understanding for empathy and cooperation.

The statement above was related to the study of Berkowitz, M. W., & Bier, M. C. (2005). The purpose of this study was to examine the school practices in implementing values education. The researchers looked at how students' attitudes and behaviors were affected by clear instruction in values like empathy, responsibility, and respect. According to the results, student behavior improved because of values education interventions. Greater prosocial behavior, such as increased empathy, cooperation, and respect for others, was shown by students who took part in values education programs. These effects persisted over time, demonstrating the long-term advantages of primary values education.

Social Responsibility and Global Awareness

The respondents shared and idea about relevant values in curriculum to develop well-rounded people who can prosper in the complex society of today, it is imperative that the curriculum include values like collaboration, critical thinking, curiosity, and social responsibility. These principles not only help students develop as individuals, but they also give them the tools and perspective they need to deal with any difficulties they may face in the future. Sub-themes were mentioned in the study like social responsibility and global awareness Key points also mentioned in this part where some values are given importance of values like cooperation, critical thinking, curiosity and social responsibility in the curriculum. Provided emphasis on environmental sustainability and digital literacy, teaching about human rights, social justice, and ethical leadership, inclusion of lessons on emotional intelligence, empathy, and interpersonal skills for social and emotional competencies, fostering a culture of gratitude, curiosity, and lifelong learning, promotion of diversity, inclusivity, and cultural awareness, encouraging students to become responsible environmental stewards, advocating for social justice and community involvement, teaching about online safety, digital citizenship, and ethical technology use, instilling a sense of agency, resilience, and problem-solving skills., cultivating empathy, compassion, and generosity for a caring learning environment, encouraging critical thinking, creativity, and intellectual curiosity, incorporating lessons on ethical behavior and moral values, teaching about responsible citizenship and global awareness, fostering self-discipline, accountability, and integrity, creating a welcoming, inclusive, and supportive classroom environment, promoting social responsibility, ethical leadership, and civic engagement, encouraging continuous self-improvement, reflection, and growth mindset, teaching about gratitude, patience, and empathy for resilience and emotional well-being, emphasizing the importance of teamwork, cooperation, and collaboration, promoting a healthy lifestyle and balance between academics and well-being, encouraging responsible technology use and digital literacy, cultivating a sense of curiosity, critical thinking, and problem-solving skills, instilling values of gratitude, kindness, generosity, and respect for social harmony and positive relationships, teaching about cultural competence, diversity, and inclusivity for understanding and appreciation of differences, advocating for environmental consciousness, sustainability, and social justice, encouraging a growth mindset, resilience, and adaptability for success in a

changing world, promoting empathy, compassion, and ethical leadership for a caring and responsible society.

The statement noted above was supported by the study of Nazaré & Capellini (2019) according to the study, including pertinent values in the curriculum had a beneficial effect on students' motivation and engagement. Students showed a deeper comprehension of moral concepts and a heightened capacity for empathy. Teachers also reported better student behavior and a happier classroom atmosphere.

Promoting Academic Integrity

Promoting academic integrity was mentioned in this portion, studies indicated that students who respect morality and integrity show a dedication to truthfulness, sincerity, and moral judgment in their academic pursuits. They are more likely to follow the rules of academic integrity, which include turning in original work and avoiding plagiarism as well as correctly citing sources. The respondent of the research says that Students' approaches to academic assignments are influenced by values such as honesty and integrity, which encourage moral behavior and creative work.

The result was supported by Lee (2023), that integrity and moral behavior are important factors that impact how students approach their academic assignments. They also act as cornerstones for fostering moral behavior and encouraging creativity in learning environments. By cultivating these values, educators can create a culture that is marked by ethical excellence and academic integrity, enabling students to succeed academically and make significant contributions to society. Future studies should investigate the mechanisms that underlie the effects of morality and integrity on students' academic performance and behaviors. They should also investigate practical methods for fostering these ideals in learning environments. According by Lee, S. (2023), The relationship between students' academic approaches and moral behavior and integrity is positively correlated, as empirical evidence has consistently shown.

Fostering Responsibility and Commitment

Another sub-theme mentioned was fostering responsibility and commitment. Through the response of the research was responsibility and self-discipline, this sub-theme underscores the significance of nurturing students' sense of accountability and commitment to their academic endeavors and personal goals, which lays the foundation for their future success and well-being. In key points, these two qualities are critical qualities for success both in school and life, and they are fostered by instilling in children a sense of responsibility for their deeds and commitments. The ability to accept accountability for one's deeds, choices, and commitments is referred to as responsibility. It entails taking responsibility for the results of those actions and consistently keeping your word.

Conversely, self-discipline refers to the capacity to control one's thoughts, feelings, and actions to achieve long-term objectives. It entails putting off instant gratification and enduring hardships to accomplish desired results.

The above results gain support from the findings of the study Duckworth, & Seligman,(2005). The study revealed that academic success could be predicted more accurately by self-discipline than by IQ. Better standardized test scores, higher grades, and greater academic engagement and perseverance were all associated with students who possessed higher levels of self-discipline. According to their research, academic success was significantly predicted by responsibility and self-control. Academic performance was higher and academic goals were more likely to be attained by students who exhibited higher levels of responsibility and self-discipline. Improved study habits, effective time management, and tenacity in the face of difficulties were linked to these qualities. Overall, the study demonstrated how critical it is to develop self-discipline and responsibility to succeed academically.

Cultivating Gratitude and Optimism

Another theme mentioned in the research was gratitude and optimism., the sub-theme mentioned by the respondent was cultivating gratitude and optimism. This sub-theme emphasizes how important it is to support students in cultivating an attitude of gratitude and appreciation. It highlights how teaching gratitude to students fosters resilience in the face of adversity and helps them recognize and appreciate life's blessings. These qualities are better able to identify and appreciate life's blessings, which in turn promotes optimism and fortitude in the face of adversity. Because of their shared emphasis on the positive aspects of life and an optimistic outlook, gratitude and optimism frequently go hand in hand. As people learn to recognize and value the good things in their lives more thoroughly, they frequently develop gratitude, which makes them more upbeat. Likewise, those who are positive might also be more inclined to express gratitude for the chances and gifts they get, even during trying circumstances.

These themes gain support from Froh, Sefick, and Emmons (2008) investigated the relationship between optimism and thankfulness and wellbeing. According to their findings, optimism, thankfulness, and overall wellbeing are strongly positively correlated. Greater life satisfaction, positive affect, and lower levels of anxiety and depression were also reported by those with higher levels of optimism and gratitude. Moreover, the researchers discovered that optimism and thankfulness were long-term predictors of wellbeing, indicating that these characteristics are important for fostering psychological well-being and contentment. Fostering thankfulness and optimism is crucial for boosting well-being and improving mental health, according to Froh, Sefick, and Emmons (2008).

Positive Gains of Values Education Program

The next research question of the study aimed to discover the positive gains in values education programs. Based on the analysis of the interview transcripts, it became clearer that the respondents determine different responses. Moreover, the identification of themes like spiritual gains, professional gains, social gains, emotional gains, educational gains and the last was psychological gains has led to different sub-themes such as: (i) Promotion and Religious Integration, (ii) Professional Development, (iii) Parent and Community Involvement, (iv) Student Engagement and Leadership, (v) Creating a Positive Environment, (vi) Community Engagement, (vii) Communication and Collaboration, (viii) Ethical Decision-Making, (ix) Sense of Belongingness, (x) Curriculum Integration and (xi) Evaluation and Assessment. All of these led to different key points.

Table 3. Positive Gains of Values Education Program

THEME	SUB-THEME	KEYPOINTS
Spiritual Gains	Promotion and Religious Integration	• Promoting a culture of values education throughout the entire school.
Professional Gains	Professional Development	• Providing educators with opportunities for professional growth in teaching values education. • Offering continual assistance and training to teachers to enhance their expertise in imparting values education
Social Gains	Parent and Community Involvement	• Involving parents and caregivers in the creation and execution of values education programs. • Seeking opinions and suggestions from parents, students, and staff through town hall meetings and community forums. • Organizing workshops or seminars for parents on values education topics.
	Student Engagement and Leadership	• Providing students with leadership opportunities and involvement in the design and execution of programs.
	Creating a Positive Environment	• Establishing a secure, welcoming, and inclusive learning environment that celebrates diversity and nurtures respect. • Fostering positive relationships and a sense of belonging among students through peer support initiatives and buddy programs. • Setting clear expectations for behavior and consistently enforcing them to create a respectful and safe environment.
	Community Engagement	• Collaborating with businesses, community organizations, and other stakeholders to enhance values education programs. • Hosting inclusive events like cultural fairs and heritage celebrations to promote diversity and respect. • Encouraging parent involvement through volunteer work, parent-teacher associations, and family engagement activities.
	Communication and Collaboration	• Promoting open communication between parents, teachers, and administrators through updates, newsletters, and conferences. • Establishing committees or assemblies led by students to foster moral principles and character development. • Using technology and digital platforms for collaboration, sharing resources, and exchanging ideas related to values education. • Regularly involving staff, parents, and students in discussions and decision-making related to values education. • Holding frequent consultations or community forums to gather input on priorities, objectives, and tactics.
Psychological Gains	**Ethical Decision-Making**	• students develop moral reasoning abilities and learn to apply ethical principles to complex situations they may encounter in their daily lives.
Emotional Gains	**Sense of Belonging**	• students develop a sense of belonging and connection to their school, peers, and broader society, which can promote feelings of acceptance, security, and emotional well-being.
Educational Gains	**Curriculum Integration**	• Incorporating values education into all subject areas of the curriculum. • Ensuring that values education aligns with the school's larger objectives and mission.
	Evaluation and Assessment	• Regular assessment and evaluation of values education programs to track progress and identify areas for improvement. • Using a variety of assessment methods, including qualitative and quantitative evaluations.

Promotion and Religious Integration

Drawing interference from the responses of the respondents which has been identified in the social gains, promotion and religious integration was one of the mentioned

sub-themes. In the key points, it was viewed that promotion of culture of values education throughout the entire school in necessary and integration of religious activities and values education into the curriculum, rule and extracurricular activities are very significant to all students preparing themselves to become a better citizen.

The previous statement was inclined with the study of Smith & Doe (2020) that, religious integration within school communities is greatly aided by values education programs that place an emphasis on inclusivity, respect for diversity, and knowledge of various religious perspectives. The study was to investigate how values education can support religious integration in educational settings. To foster inclusive and respectful learning environments where students from a variety of religious backgrounds feel respected and understood, it examines how values education programs can help

Professional Development

Educators can continuously improve their teaching methods and adjust to the changing needs of their students and communities by taking advantage of professional development opportunities under the theme, professional gains that keep them abreast of values education research and positive gains of values education programs. Identified sub-theme by the respondents was professional development. Providing educators with the opportunities for professional growth in teaching values education, offering continual assistance and training to teachers to enhance their expertise in imparting values education.

The statement mentioned above was supported by Brown, Smith, & Jones (2020) which emphasizes the significance of continual support and training in promoting values-based education in schools and offers proof that professional development in values education can result in enhancements in teacher practice and favorable student outcomes. The study discovered that when qualified teachers implemented values education, students' attitudes toward empathy, cooperation, and moral reasoning improved. This suggests that values education fosters positive character traits and moral development in students while also having a noticeable impact on teacher practices and student outcomes.

Parental and Community Involvement

Respondents of the study were also able to mention similar idea that parent and community involvement was one of the of the positive gains in values education programs under social gains. Drawing interference from the responses of the respondents which been identified in the in the sub-themed and key points, it was viewed that parental and community involvement, involving parents and caregivers in the creation and execution of values education programs, Seeking opinions and suggestions from parents, students, and staff through town hall meetings and community forums. Additionally, organizing workshops or seminars for parents on values education topics.

The statement mentioned above about gains support from Johnson, S. L., & Rodriguez, M. P. (2019). According to them, meaningful cooperation between educators, parents, and community members improves the efficacy of values education initiatives and raises student achievement. The study also emphasizes how critical it is to establish trustworthy connections, promote candid dialogue, and coordinate values education initiatives with community values and priorities.

Student Engagement and Leadership

Respondents of the study were also able to express that student engagement and leadership was important positive gains in values education program under the theme social gains. It was mentioned in the key points that providing students with leadership opportunities and involvement in the design and execution of programs, encouraging students to reflect, discuss, and make decisions about values education, allowing students to practice values in real-world settings through peer mentoring and community service projects.

The above result was congruent with the findings of Lee & Park (2018) results show that a sense of accountability, moral growth, and ownership are all positively correlated with students' involvement in values education. A collaborative and inclusive approach is fostered, which increases the overall effectiveness of values education programs. The study also emphasizes the significance of empowering students as leaders in these endeavors.

Creating a Positive Environment

Another sub-theme identified from the responses of the respondent was creating a positive environment under the theme social gains. Establishing a secure, welcoming, and inclusive learning environment that celebrates diversity and nurture respect, fostering positive relationships and a sense of belongingness among students through peer support initiatives and buddy programs, and the last key points was setting clear expectations for behavior and consistently enforcing them to create a respectful and safe environment.

The abovementioned gain support from the findings of the study of Chen, S., Wang, L., & Liu, Y. (2018). The results highlight several crucial tactics for creating a supportive learning environment, such as creating a clear expectation and norms, encouraging open communication, offering opportunities for peer support and cooperative learning, and incorporating experiential and service-learning activities. A supportive learning environment was also linked to favorable outcomes, such as increased moral reasoning, empathy, and prosocial behavior, as well as better academic engagement and achievement, according to the study. According to these results, values education programs should prioritize developing safe and nurturing spaces to best support students' holistic development.

Community Engagement

The respondents of the study include community engagement in their responses as one of the social gains under the table 3 Positive gains in values education programs. Highlighted the key points that collaborating with businesses, community organizations,

and other stakeholders to enhance values education programs, hosting inclusive events like cultural fairs and heritage celebrations to promote diversity and respect, encouraging parent involvement through volunteer work, parent-teachers associations, and family engagement activities.

These themes gain support from Wong, K., Lee, S., & Chan, H. (2021) the study explores the role of community engagement in values education programs and its impact on students' moral development and civic engagement. According to the findings, community engagement is essential for promoting partnerships between schools, families, and the larger community, which in turn improves the relevance, authenticity, and sustainability of values education programs. In addition, community involvement makes it easier to incorporate regional customs, values, and cultural practices into the curriculum, which helps students develop a feeling of cultural identity and belonging. The study does, however, also point out a few difficulties with community engagement, such as problems with resource constraints, power dynamics, and cultural sensitivity. We explore ways to overcome these obstacles and optimize the advantages of community involvement in values education initiatives, emphasizing the value of cooperative relationships in fostering moral citizenship and social responsibility in young students.

Communication and Collaboration

Respondents of the study were also able to express that communication and collaboration under the theme social gains promotes better values to the young minds. Promoting open communication between parents, teachers, and administrators through updates, newsletters and conferences, establishing committees or assemblies led by students to foster moral principles and character development, using technology and digital platforms for collaboration, sharing resources, and exchanging ideas related to values education, regularly involving staff, parents, and students in discussions and decision-making related to values education and holding frequent consultations or community forums to gather input on priorities, objectives, and tactics.

The above statement related from the study of Smith, R., Johnson, M., & Williams, E. (2022) examines the way cooperation and communication can help values education programs work better. Data from teachers, students, and stakeholders in values education initiatives across a variety of educational settings were gathered through in-depth interviews, focus groups, and document analysis. To promote mutual support, goal alignment, and shared understanding among program stakeholders, it is imperative that clear and open communication channels be established. Additionally, cooperative partnerships between educators, administrators, parents, and community members support the curriculum's integration of values, enhancing student learning and fostering a consistent message about values.

Ethical – Decision Making

Ethical decision-making was one identified sub-theme under psychological gains. It was often guided by principles such as justice, fairness, autonomy, respect, beneficence, and kindness. Resolving challenging moral dilemmas involving conflicting interests or values may be a part of this process. Additionally, by considering not only the immediate impact on stakeholders, organizations, and society, but also the bigger picture, ethical decision-making highlights the importance of ethical awareness, reflection, and responsibility in both personal and professional contexts. It was mentioned that students

develop moral reasoning abilities and learn to apply ethical principles to complex situations they may encounter in their daily lives.

The above statement was related to the study of Schell (2017). This paper provides a comprehensive review of the literature on values education and its role in assisting students in reaching moral conclusions. The effectiveness of various approaches to values education in fostering moral consciousness, ethical reasoning, and responsible decision-making is examined by Schell (2017). These strategies include theories of moral development, character education, and curriculum-based interventions. The review highlights how important it is to include values education in the curriculum to help students grow ethically and prepare them for moral quandaries in a range of contexts. Though the study may not have been specifically focused on psychological advantages, it still offers valuable insights into the relationship between values education and ethical decision-making.

Sense of Belonging

This sense of belonging as mentioned by respondents which aids in the development of an identity and purpose under emotional gains theme can be facilitated by mutual respect, shared experiences, and supportive relationships within the group. Strong feelings of belonging appear to be associated with positive outcomes, such as increased self-worth, according to empirical data. It stated that students develop a sense of belonging and connection to their school, peers, and broader society, which can promote feelings of acceptance, security, and emotional well-being.

The statement above related to the study of Johnson (2019) looks at how a values education program helps students feel like they belong in the school community. The study investigates the tactics utilized by the educational institution to foster inclusiveness, dignity, and compassion in pupils, ultimately resulting in an increased feeling of inclusion. The study emphasizes the significance of values education in fostering a supportive and inclusive environment where students feel valued, accepted, and connected through qualitative analysis and interviews with parents, teachers, and students. Johnson's research provides insight into how values education initiatives can improve students' emotional health by creating a feeling of community within the school.

Curriculum Integration

The respondents express that curriculum integration promotes values to the students under educational gains that they can use in their daily lives. It was mentioned that incorporating values into all subject areas of the curriculum, ensuring that values align with the school's larger objectives and mission especially today that their generation quite different from the past. Incorporating values education into the curriculum aims to create compassionate, moral individuals who can successfully navigate the challenges of the modern world, in addition to teaching moral lessons. Through the integration of values across the curriculum, educators produce a generation of learners who are guided by integrity, empathy, and respect.

The responses narrated above have established like the study of Johnson & Brown (2019) assesses the impact of curriculum integration on students' academic achievement, moral reasoning, and prosocial conduct. Comparing students in traditional, non-integrated programs to those in integrated programs, the latter group displayed lower levels of moral reasoning and prosocial behavior. The results demonstrate the substantial beneficial influence of curriculum integration on values education outcomes. Additionally,

the data shows that curriculum integration fosters a positive learning environment in the classroom that is characterized by increased student engagement, bolstered interpersonal relationships, and a more reliable sense of community.

Evaluation and Assessment

Additional sub-themes stated by the respondents were evaluation and assessment under educational gains. Regular assessment and evaluation of values education programs was necessary to track progress and identify areas for improvement. Also, using a variety of assessment methods, including qualitative and quantitative evaluation.

The statement above gained support from the study of Garcia, M., Martinez, L., & Rodriguez, J. (2020). They identify different methods of assessment used in values education, such as performance-based assessments, behavioral observations, and self-report questionnaires. The results show that although self-report measures are frequently employed to evaluate shifts in attitudes and beliefs, behavioral observations provide important information about how values are really exhibited in students' interactions and actions. Furthermore, students have the chance to show that they understand and apply values in real-world situations through performance-based assessments like role-plays and simulations. In addition to highlighting the necessity of strict evaluation frameworks to guarantee the validity and reliability of assessment data, the review emphasizes the significance of using a variety of assessment techniques to capture the complex nature of values education outcomes. Discussed are the implications for practitioners and legislators in developing thorough evaluation plans for values education initiatives.

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